

Invitation
to the International Dutch

Aikido

35th Summer Seminar 2020



Doshu Yoshigasaki

Friday July 10 – Wednesday July 15

Location Aikido

Sportshal Kerkweg 1 ,
5266 BA Cromvoirt. The Netherlands.

Location Lodging

De Hoge Distel, 't Hoog 3,
5268 LL Helvoirt, The Netherlands.

www.KiAikidoCentrum.nl

Arrival for people who stay for lodging on
friday july 10 from 13.30- 17.30h at Hoge
Distel for preparation Dojo's and dinner.
Dinner friday served at 19.15h.

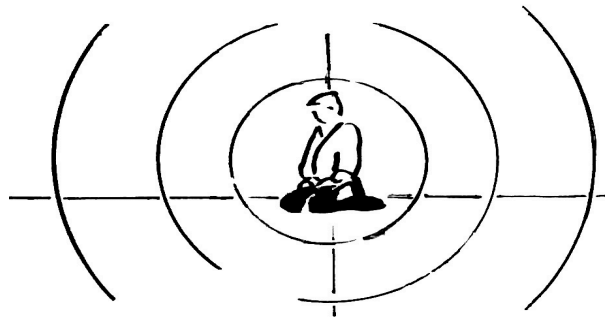
Misogi , Bell and Bokken/ Jo training at the
Hoge Distel in the morning.

We create a Dojo at this place for the
Misogi, Bell / Bokken training, we can also
train outside as we are near the woods.

The lodging place is basic, place
for 30 - 40 people, so you need to bring your
sleeping bag and pillow.
You can also bring your tent to sleep.
Please register in time before June 20.

For the Misogi bring bokken, wooden bench,
zabuton/ med. cushion and dogi and white
socks. Also dojo slippers... We have bells.

Aikido and weapon Training in the
Sportshal in Cromvoirt in the afternoon.



FRIDAY 10 JULY 2020 WELCOME

13.30 -17.30h Arrival and preparation.
19.15 Dinner Hoge Distel

SATURDAY 11- TUESDAY JULY 14

07.00 -07.45 Misogi/ Ki-breathing.
Dojo at Hoge Distel.
08.15 Breakfast at Hoge Distel
09.30 -10.25 Misogi with Bell, Hoge Distel.
10.35 -11.30 Misogi Bokken, Hoge Distel
12.00 -12.30 Lunch at Hoge Distel.
13.30 -15.30 Aikido All Sporthal Cromvoirt
15.45 -17.45 Aikido Weapontraining All.
19.15 Dinner Hoge Distel.

Tuesday 16.30 Aikido demonstrations
35th summer seminar.
17.45 store tatami, clean Dojo
20.30 35th summer seminar
Celebration/ party.

WEDNESDAY JULY 15

07.00 - 07.45 Misogi/ Ki-breathing.
08.15 Breakfast at Hoge Distel.
09.30 - 11.00 Misogi with Bell, Hoge Distel
11.00 - 12.00 Misogi Bell/Bokken Hoge
Distel
12.30 Lunch at Hoge Distel
End Lodging/ cleaning tutti.

* Aikido Den // Dan examinations
monday / teusday afternoon...

Price lodging full seminar from friday dinner till wednesday lunch is € 235,00

1 full day lodging price € 50.00 includes dinner, bed, breakfast, lunch and Misogi Bell/Bokken in the morning.

Lodging fee includes Misogi:

Lodging fee (fri-wedn) € 235,00

Lodging fee 1 full day € 50,00

Aikido Seminar fee all 4 days

at the Sporthal Cromvoirt € 120,00

Aikido one day € 30,00

Aikido one class € 15,00

Misogi One day Bell/Bokken € 15,00

Lodging and Aikido total fee € 355,00

Payment

Aikido Seminar fee and Lodging fee can be paid to: NL54 INGB 0002 0330 41

of the Ki Aikido Centrum, the Netherlands.

Payment **total fee in advance** before june 20, you get € 15,00 discount.

You can also pay in cash at the seminar!

O = BREAKFAST L = LUNCH
D = DINNER S = BED

Vegetarian meals are possible. Please indicate this when you register.

Looking forward to meet you at the 35th Special Aikido Summer Seminar 2020 in the Netherlands. We wish you a very pleasant journey.

Reservation / registration-form for:

Name_____.

Address_____.

City_____Country_____.

Tel_____.

Email_____.

Yes, I hereby register for:

Lodging/Full Seminar Hoge Distel:
Includes Misogi Bell/Bokken.

Lodging only for the day's:

10-7	11-7	12-7	13-7	14-7	15-7
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Aikido Seminar july 11- july 14:

Aikido only for the day's:

10-7	11-7	12-7	13-7	14-7	15-7
	O	O	O	O	

0 = put cross what you participate

Vegetarian cooking (fish) : (O)

New Aikido T-Shirt 2020 : size s-m-l-xl

Signature:_____Date_____.

For the 6th time we organise the Summer Seminar in this intense way, where we enjoy practice Misogi, Bokken, Jo and Aikido.



Super Cooks Frank and Rico are happy to cook again for you... so register in time, so they can prepare the exquisite menu...mmh..

Please send your registration form, by post/email, before June 20 2020 to:

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Maasdijk 407, 4264 AS Veen,
The Netherlands. Tel 0031 0416 692364
Email: kiaikido@xs4all.nl

www.KiAikidoCentrum.nl